

ABORIGINAL FAMILIES GROUP

An Aboriginal Families Group is held in MarionLIFE's Community Garden the **1st and 3rd Friday each month from 1:30-2:30pm**. Afternoon tea is provided, any enquiries please call MarionLIFE Reception 82770304 or Eileen Butler from Marion Primary School 0421714890. The **next meeting is Friday 18 August** and Aboriginal parents, grandparents and caregivers are invited to:

- Come along for a chat
- Meet other parents
- Share ideas to support our children
- Enjoy afternoon tea together
- Meet your local Aboriginal Community Education Officer

TAX HELP AT MARIONLIFE

Tax Help is a network of ATO-trained and accredited community volunteers who provide a **free and confidential service to help people complete their tax returns**. Did you earn around \$60,000 or less in the last year? Haven't sold shares? Don't own your own business or investment property? Then you are eligible to have your tax completed for free at MarionLIFE. **Appointments available Tuesday and Thursday from August to October**. Please call our office on 8277 0304 to book an appointment.

COMMUNITY GARDEN WORKSHOPS

Would you like to **learn how to grow fresh vegetables** in your garden? We're holding a BASIC GARDENING SKILLS COURSE on Thursday mornings for **four weeks from 10 August, 10am-12noon**.

Week One: Preparing Your Soil

Week Two: Planting (What, When, How and Companion Planting)

Week Three: Problems? No Problem (Water, Weeds, Bugs and Diseases)

Week Four: Growing From Seed

The sessions will be informative AND practical – the aim is to **build YOUR confidence in gardening**. THEN... after you have completed the course, if you choose, our gardening team will help you start a vegetable garden at your home. Course is held at MarionLIFE Community Garden, to register your interest call 8277 0304 or email info@marionlife.org.au.

VOLUNTEER VACANCIES

MarionLIFE is fortunate to have a dedicated and skilled team of volunteers. Whilst volunteering at MarionLIFE does help add value to someone else's life, **we frequently hear that it also adds value to the life of the volunteer**. Training and induction are provided for all volunteer roles.

MarionLIFE currently has the following volunteering opportunities:

Brekky for Blokes – cooking and serving 2nd and 4th Friday morning each month from 7:30am-10am

Bakery Bread Collector – collecting and packing one evening a month on Monday or Wednesday night

Community Garden – growing and connecting Tuesday and/or Thursday weekly from 9.30am-12.30pm

If you would like to volunteer in any of these areas, please contact MarionLIFE Community Services by phone on 8277 0304 or by email info@marionlife.org.au. We look forward to hearing from you.