

## MARIONLIFE MONTH FINANCIAL APPEAL

June is MarionLIFE Month – an opportunity for you to bring hope to those in our community who are courageously facing challenges such as homelessness, unemployment, mental health issues and isolation. Your generosity allows MarionLIFE to connect individuals and families in need with meaningful care and responsive support through programs like Emergency Relief, Community Meals, Social Connection and Education Courses.

Together we can help people in our community journey beyond the point of crisis and discover pathways of hope.

For the month of June, would you consider partnering with **MarionLIFE** as we seek to raise \$50,000 to continue to provide meaningful, flexible and responsive support to people in our community? This amount will allow us to help ensure that we can cover the expenses of running our centre in the year ahead.

MarionLIFE Community Services is a registered charity, and donations are tax-deductible. Tax deductible financial donations can be made regular or one-off, please follow the link to donate

<https://marionlife.org.au/donate/>

Alternatively, you can post your donation to PO Box 380, Park Holme, SA, 5043, or visit us in person at 887 Marion Rd, Mitchell Park. For more information, please visit <https://marionlife.org.au/>

## SALA AT MARIONLIFE

We invite you to get involved and take the opportunity to participate in the What is Strong exhibition. This exhibition is part of the South Australian Living Artists Festival (SALA).

How to get involved:

- 1- Take a photo – that symbolises what is strong in your world. People? Skills? Hobbies? Place? Nature? Relationships? ....You!
- 2- Print - ensure the photo is black & white, then print in A4 (we can help edit and print it at MarionLIFE if needed).
- 3- Create - if you wish to, embellish over the photo to make it pop! Use any medium that keeps the artwork flat - paint, oil pastels, glitter, thread, crayon, paper collage... be creative!
- 4- Exhibit - drop off your artwork to MarionLIFE by 17 July 2023. Artwork will be displayed in the exhibition throughout August & September 2023.

You can create your artwork with others – throughout June/July across our MarionLIFE groups, community members will be making their artworks together. If you wish to create your work alongside others, with support at MarionLIFE, get in touch with Callan at [cwest@marionlife.org.au](mailto:cwest@marionlife.org.au), or phone 0481 010 547 for more information.

## NEIGHBOURHOOD HELPERS

MarionLIFE is seeking expressions of interest to join an exciting new initiative, where a team of Neighbourhood Helpers come together to assist community members in one-off tasks around their home.

These working-bee style tasks will enhance pride and increase comfort in community member's homes, support to increase health and wellbeing of individuals and hopefully create an opportunity for connection to wider community. Some ideas of the types of work this group could do include tidying in front or back yards to increase functionality, organising kitchen cupboards to make healthy cooking easier, cleaning carpets or living rooms to make comfortable spaces for hosting, washing windows to let more light in, helping with some veggie planting/patch preparing.... the ideas are endless and will be driven by the community.

If you like the idea of supporting your neighbours in a very practical way, and you do not mind getting a little dirty and working as part of a team, we would love to hear from you.

For more information and apply for the volunteering role please visit, <https://marionlife.org.au/volunteer/> or call 82770304.

## **EMERGENCY RELIEF SERVICE**

We provide food and food vouchers, toiletries, blankets, clothing support and some bill assistance. No appointments are required, first come first serve. With providing physical address and a valid Centrelink card. Our coverage areas: City of Mitcham, City of Holdfast Bay, City of Marion and City of Onkaparinga.

Emergency Relief services are available Monday to Thursday between 9am-12noon.

For more information, please visit: [Emergency-relief Service](#) or call 82770304.