

FREE ADULT COMMUNITY EDUCATION COURSES TERM 1, 2024

Basic Computer Skills for Study & Employment Course

A six-week course running one day a week to build your computer and digital skills and to feel confident and ready to take the next steps in your path to employment and learning.

When: **Starting 20 February and running every Tuesday for six weeks**

Time: **12:00 pm - 3:00 pm**

Location: **MarionLIFE Community Services, 887 Marion Rd, Mitchell Park**

Register for this course via the following link <https://bit.ly/499VKp1>

Introduction to Cookery Skills Course

A six-week course, running one day a week, will help you explore a pathway into kitchen work, whether you want to become a chef or start a new food business!

When: **Starting 21 February and running every Wednesday for six weeks**

Time: **12:00 pm - 3:00 pm**

Location: **Glandore Neighbourhood Centre, 25 Naldera St, Glandore**

Register for this course via the following link <https://bit.ly/481K2vi>

English Language Skills for Study and Employment Course

A six-week course, running one day a week, will improve your English language skills, help you to build confidence in everyday life, and prepare you for work and study.

When: **Starting 22 February and running every Thursday for six weeks**

Time: **5:30 pm - 8:30 pm**

Location: **Pasadena Community Centre, 47 Adelaide Terrace, Pasadena**

Register for this course via the following link <https://bit.ly/3w7OnQx>

Courses run in partnership with City of Marion and City of Mitcham, supported by the Government of South Australia.

The promotional poster is also attached to distribute to your networks.

For more information, please contact us by phone 8277 0304 or email info@marionlife.org.au.

BREKKY TOGETHER

We are excited about relaunching our Brekky group on Tuesday mornings under the new name, **Brekky Together**. Brekky Together welcomes all; this group is no longer only for blokes.

We had a fantastic time this morning at the first Brekky Together and we look forward to the next one which is scheduled for Tuesday, 27 February at 8:45 am. This group will run on the 2nd and 4th Tuesday of each month.

For more information about each program or to find out more about volunteering, please contact us by phone 8277 0304 or email info@marionlife.org.au.

MARIONLIFE YOUTH

Youth Drop-In: Free youth drop-in space for local 10–17-year-olds held in the Youth Centre building between 3:00-5:30pm on Fridays during school Terms. Includes a safe 'hang-out' space with fun activities, life skills workshops and a healthy light meal.

Where: Youth Centre next to MarionLIFE building (Cnr Marion Rd & Alawoona Ave, Mitchell Pk)
Our team is also available to host or support youth events – for more information and the current dates of Drop-in sessions, please contact us at **82770304** or to send an email **[Click Here](#)**

MarionLIFE Youth Drop-In is funded by the Smart Group Foundation.

Youth GO Program: Assists children and young people aged between 5 to 18 years old who live in the City of Marion. This program can be a “kickstarter” in providing a pathway to join a local sporting club with support to help navigate areas such as registration, uniform and equipment needs, and the exploration of sustainable future participation.

MarionLIFE Youth GO Program is an extension of the City of Marion’s **On@CoM** Sports Program.

Eligibility criteria apply. Please contact MarionLIFE Youth Facilitator Tristan on **0434 308 246** to learn more.

MarionLIFE Youth Media Hub: Suitable for high school age, 12-17 years old. To make and create digital content, learn how to use digital tools to design podcasts, images, sound, movies and videos. Wi-Fi, snacks and devices will be provided.

TERM 1

When: **Six weeks starting 28 Feb (each Wednesday)**

Time: 4:00pm to 6:00pm

Where: Mitchell Park Sports and Community Centre – Activity Room Ground Floor, Mitchell Park

Registration is FREE, contact us for more information.

MarionLIFE Youth Media Hub Workshops is funded by the Advancing Youth Foundation. For more information, please contact **8277 0304** or text/call **0434308246** (MarionLIFE Youth Line) & to send an email **Click Here**.

SKYLIGHT CREATVIE WELLBEING GROUP

As part of the Community Connections program, the Creative Wellbeing Group will be delivered by Skylight. 6 weeks of supported creativity, relaxation and self-care delivered by Skylight. Open to anyone aged 18 to 64, not eligible for NDIS or My Aged Care.

For more Information and to register please contact Melissa on 0428 050 068, email to MelissaG@skylight.org.au or AptMetro@skylight.org.au.

When: 15th, 22nd, 29th Feb, 7th, 14th, 21st March Thursday

Time: 10am - 11:30am

Where: MarionLIFE, in the Marion Church of Christ Building, 24 Mary St, Mitchell Park SA

NEW E-NEWS LAUNCH AND STAY CONNECTED

Another exciting update is that MarionLIFE E-News will be delivered with a new design and format starting next month – watch this space!

We kindly invite you to follow our social media accounts to stay connected with our programs and activities. To view our social media accounts, please visit the following links: [MarionLIFE Facebook](#), [Twitter](#), [Instagram](#) and [LinkedIn](#).